

Well54

Well-being à la Carte



"Take care of your body, it's the only place you have to live" - Jim Rohn

We firmly believe that this phrase represents the fundamental mantra for a fulfilling life.

At our Center, we embrace this principle with passion, offering a complete list of health, beauty and wellness rituals designed to pamper your body, invigorate the mind and nourish the spirit.

Don't delay in dedicating time to discover how each treatment is a tailor-made ritual to regenerate yourself.

Be ready to immerse in a world of tranquility and beauty, where taking care of yourself becomes a daily celebration.

Welcome to our Well54 Wellness Center, where your well-being is the goal of our work.

Well54



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Medical Care

Our medical staff at your disposal

Your well-being is the main goal we want to pursue during your stay. We wish to give you a feeling of care, in order to remain in your thoughts while coming back to your daily routine. The well-being can be a choice: forget to look at the time and enjoy it!

A "TAILOR-MADE" PATH Free service, on request

We suggest all our guests this professional customized advice on the treatments you should undergo during the stay in our hotel, so that you can really try to solve your physical or emotional problems.

MEDICAL CHECK-UP (to undergo thermal treatments) € 45,00

MEDICAL CHECK UP € 95,00

BLOOD ANALYSIS on request

Our Wellness Center collaborates with a multi-specialist medical clinic. It is possible to take blood samples of different types, with or without medical prescription. The service is guaranteed by appointment in the comfort of our hotel premises.

For further information, please contact the Well54 desk.

DIET ADVICE € 220,00

A medical specialist at your disposal to outline a diet suitable for your needs. Please, inform us about your wish to follow this wellness path while booking your room, so that you can begin the recommended diet, thanks to a personalized menu, during your stay at the hotel.

(A payment surcharge is needed for the personalized menu).

NATUROPATHIC CHECK-UP

Our body is a perfect machine, but it needs our care of course; to find our balance is an achievable goal with few precautions: we must learn from nature to be silent and to listen very deep to our needs.

By the way, ask about our **Alkaline or Detox Paths!** Two highly detoxifying and cleansing body treatments programs in association with a healthy personalized diet.

For further information, please contact the Well54 desk.

..... € 160,00

ANTALGIC, DETOXIFYING HOMEO-MESOTHERAPY OR HOMEO-THERAPY ALONG THE MERIDIANS

Homeo-mesotherapy works by stimulating the body's ability to heal itself. Another therapeutic goal is to help reduce inflammation and eliminate toxins from the body. The treatment is free of any type of contraindication or interaction with other therapies that one can follow.

..... starting from € 150,00 1 vial

Thermal Care

The thermal water of Abano and Montegrotto basin falls into the category of deep and underground waters. It is unique because of the long distances it travels. The water comes from the uncontaminated basins of the Lessini Mountains in the Alpine foothills and flows underground through calcareous rock to a depth of 2000-3000 meters. While flowing it has a high temperature and pressure, which are held for a distance of approximately 80 km in an average period of 25-30 years. During this time and along this path the water is enriched with minerals until arriving at the Terme Euganee, flowing out with a temperature of 87°.

The richness of the dissolved substances makes this **water a unique thermal resource**.

The thermal mud of Montegrotto is a mixture of clay, thermal water and microorganisms. Its application represents a treatment method for rheumatic complaints thanks to the recognized effectiveness in solving painful symptoms and limiting the inflammatory reaction that accompanies the damaging process to the cartilage. It is a **natural treatment** that helps also those suffering from joint diseases like arthrosis and osteoporosis.

MUD THERAPY

The phases.

- 1▶ **Medical Check-Up:** each guest who wishes to undergo a cycle of mud therapy must first go through a medical visit, in order to identify the best-suited care.
- 2▶ **Smearing:** warm mud is applied onto the skin and it is left on for about 20 minutes.
- 3▶ **Thermal Bath:** after the mud application, there is a short rinsing shower with thermal water and after that the patient is immersed in a bath of thermal water at a temperature of 37°-38° for about 10-15 minutes.
- 4▶ **Sweat Reaction:** after the bath, the guest is dried off with warm towels, after that it is suggested to lay down in the bed to facilitate the "reaction" brought on by bath-mud therapy.
- 5▶ **Post-mud Massage:** this is the last part of the session and it helps to relax the muscles while relieving any nervous tension.

APPLICATION OF THERMAL MUD AND THERMAL OZONE BATH	€ 45,00
APPLICATION OF THERMAL MUD ON HANDS OR FEET	€ 40,00
LIVER DETOX MUD AND THERMAL OZONE BATH	€ 45,00
FACIAL MUD AGAINST SINUSITIS AND HEADACHE	€ 45,00
POST-MUD MASSAGE (25 minutes) (only in combination with mud therapy)	€ 50,00
INHALATION OR AEROSOL WITH THERMAL WATER	€ 12,00

THERMAL PACKAGES

BRONZE PACKAGE

- ▶ 1 MEDICAL CHECK-UP
- ▶ 1 BODY EXPRESS RITUAL
- ▶ 6 THERMAL MUD APPLICATIONS
- ▶ 6 THERMAL BATHS WITH OZONE
- ▶ 6 POST-MUD MASSAGE (25 min.)

Price per person € 580,00

SILVER PACKAGE

- ▶ 1 MEDICAL CHECK-UP
- ▶ 1 BODY EXPRESS RITUAL
- ▶ 10 THERMAL MUD APPLICATIONS
- ▶ 10 THERMAL BATHS WITH OZONE
- ▶ 10 POST-MUD MASSAGE (25 min.)

Price per person € 925,00

GOLD PACKAGE

- ▶ 1 MEDICAL CHECK-UP
- ▶ 1 BODY EXPRESS RITUAL
- ▶ 12 THERMAL MUD APPLICATIONS
- ▶ 12 THERMAL BATHS WITH OZONE
- ▶ 12 POST-MUD MASSAGE (25 min.)

Price per person € 1.080,00



“Signature” Rituals

Thermal mud in a detoxification version

We can call it a **return to origins**; in a world where we tend to complicate, we simplify. We take our thermal mud, which brings with it a thousand-year-old history and benefits, and we apply it directly to your body, creating a **harmonious bond** between the past and the present, between the earth and your skin.

We embrace the **simplicity** and **authenticity** of natural, organic and **sustainable products**. We embrace nature in its **purity** and integrate it into the dimension of well-being.

So, the beneficial properties of our thermal mud express themselves in two simple, but highly effective, rituals.

Body Express Ritual

A revitalizing peeling, perfect when the season is changing, before taking a body treatment or getting our exclusive mud therapy. Awaken your skin with the purifying power of our thermal mud.

(25 min.) € 50,00

Facial Express Ritual

A quick treatment, but with a "wow" effect result. Beauty begins with facial care, and we offer you a quick way to achieve a radiant and youthful appearance.

It includes cleansing, the application of the thermal mud mask and, in the meantime, a delicate hand or foot massage.

(25 min.) € 50,00

Our "Beauty secret"

For an all-encompassing sensation of well-being and to prepare your skin for all subsequent treatments, treat yourself to both rituals.

(50 min.) € 95,00



THERAPEUTIC AND RELAXING BODY TREATMENTS

OSTEOPATHY SESSION

First global postural assessment and osteopathic treatment Global postural Assessment € 160,00

Taping or Moxa treatments on request.

1 session Osteopathic treatment (post global postural assessment) € 130,00

PHYSIOTHERAPY

1 session (50 min.) € 80,00

INDIVIDUAL HYDROKINESIS THERAPY

1 session (45 min.) € 90,00

INDIVIDUAL YOGA SESSION

on request

PERSONAL TRAINER

on request

MYOFASCIAL RELEASE

The therapist targets the tissue for resistance by feeling tightness, restrictions and adhesions in any place that may be causing pain or dysfunction. Myofascial Release is a form of soft tissue therapy used to treat somatic dysfunction and accompanying pain and motion restriction.

This is accomplished by relaxing contracted muscles, increasing circulation and venous lymphatic drainage. This treatment stimulates the stretch reflex of muscles, offering long-lasting benefits.

(50 min.) € 85,00

THERAPEUTIC MASSAGE

Particularly recommended for those who suffer from osteoarticular problems. Normally recommended by the medical staff, in order to identify the part of the body to be treated.

(25 min.) € 58,00

(50 min.) € 80,00

CONNECTIVE MASSAGE

The deep tissue massage techniques can improve chronic degenerative alterations and rebalance the posture.

(50 min.) € 80,00

LYMPHATIC DRAINAGE MASSAGE

Lymphatic drainage massage is a form of gentle massage that encourages the drainage of lymph nodes and movement of lymph fluids around the body. It can reduce swelling by working the surface level of the skin.

(25 min.) legs or facial	€ 58,00
(50 min.) body	€ 80,00
(80 min.) facial and body	€ 125,00

PLANTAR REFLEXOLOGY

The energy meridians that cross our body terminate at the feet, where each organ mirrors itself. By stimulating the nerve endings on the sole of the foot, all the toxins are eliminated, the correct circulation of the vital energy is restored and overall balance is recovered.

(50 min.)	€ 80,00
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CRANIOSACRAL THERAPY

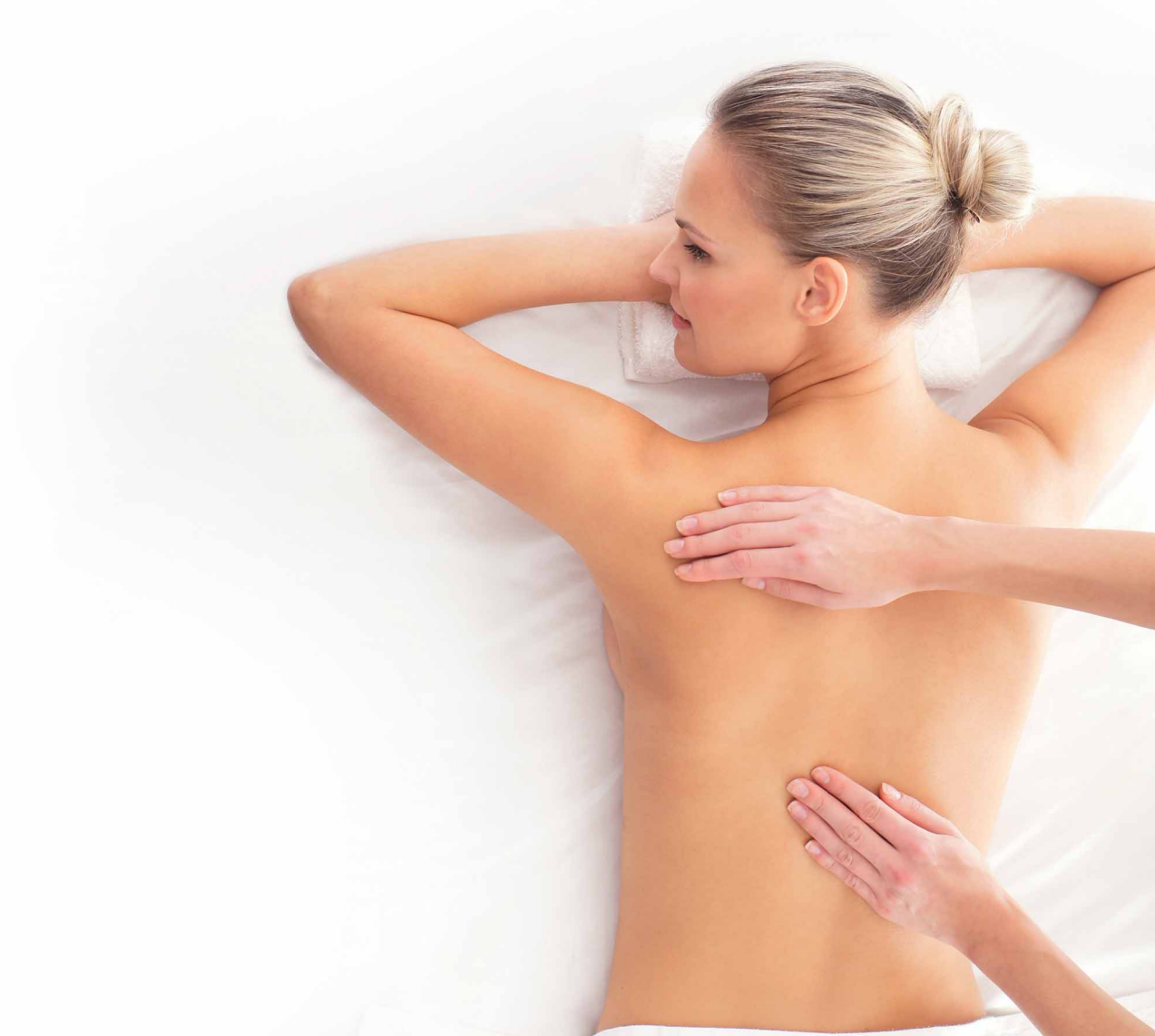
Therapeutic treatment with an important pain-killing effect carried out by ultra light pressure in order to balance the entire body structure, the energetic flow and the cerebrospinal fluid.

(50 min.)	€ 90,00
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DEEP TISSUE MASSAGE

It is a massage with a firm hand, suitable for those who want a deep body massage.

(25 min.)	€ 58,00
(50 min.)	€ 80,00
(75 min.)	€ 125,00



AROMATIC RELAX MASSAGE

It is a massage suitable for everyone, carried out with warm oil enriched with essential oils: it relaxes the muscles and gives a feeling of well-being by giving immediate relief to the most contracted areas. Thanks to the help of aromatherapy the mind relaxes, tensions melt away, the body finds new vitality.

(25 min.)	€ 58,00
(50 min.)	€ 80,00
(75 min.)	€ 125,00

If carried out for a couple in the same cabinet a € 15,00 surcharge per person is needed.

CANDLE MASSAGE

This massage is a sensory experience that pampers with aromas and the soothing heat created by the cosmetic candle. Very relaxing; the skin of the body will be deeply moisturized.

(50 min.)	€ 90,00
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HOT STONE MASSAGE

It is a massage with an extraordinary relaxing effect, performed with warm oils and basalt stones placed on specific energy points.

(50 min.)	€ 90,00
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COLD STONE MASSAGE

It is performed with cold stones and refreshing cream. It involves only the legs and gives an immediate sense of lightness and well-being. It is suitable during summer or periods with hot temperatures.

(25 min.)	€ 60,00
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LOMI LOMI MASSAGE

This massage comes from Hawaii and consists of various movements carried out with the forearms, acting deeply on the muscles and connective fascia. It has a significant decontracting, draining and anti-stress effect.

(50 min.)

€ 90,00

SHIATSU

This Japanese treatment involves stretching and a range of pressures with the fingers, the entire arm, the palm of the hands, elbows, feet and knees on specific points of the body to reactivate the energy flow and restore body balance, with significant analgesic effects.

It is recommended that you wear comfortable clothing.

(50 min.)

€ 95,00

THAI MASSAGE

It is a traditional healing system combining acupressure, Indian ayurvedic principles and assisted yoga postures. There is constant body contact between the giver and the receiver, but rather than rubbing on muscles, the body is compressed, pulled, stretched and rocked. The aim is to relax, relieve muscle and joint pain and temporarily boost the mood.

It is recommended that you wear comfortable clothing.

(50 min.)

€ 95,00

AYURVEDA

ABHYANGA

Complete massage on the entire body customized in accordance with the individual dosha, using warm oil enriched with pure essential oils. The massage aims at harmonizing the vital energies improving the circulation of the blood, eliminating toxins and increasing the status of physical and mental well-being.

(50 min.) € 90,00

SHIRO ABHYANGA

Shiro Abhyanga is an ayurvedic massage of the head that creates deep relaxation while eliminating nervous tensions. The head massage starts with soft movements on the spine which is warmed and stimulated and then reaches the shoulders and neck.

(50 min.) € 90,00

SHIRODARA

Shirodara is the most sensitive and deepest practice of the ayurvedic treatments: it relaxes the body with an initial abhyanga massage and clears the mind thanks to a thin stream of oil from temple to temple in a steady stream. This treatment is a wonderful journey of well-being, perfect for dissolving emotional blocks or tension.

(80 min.) € 150,00

PINDASWEDA

The Pindasweda is a warm and pleasant treatment from the ayurvedic medicine. The warm pads filled with natural herbs and spices relax the body and the muscles dissolving tension and pain.

(50 min.) € 90,00

3 Treatments 50 min. each € 250,00

GARSHAN - Draining effect

Treatment with osmotic mud, essential oils of ruscus extract, cypress and ginger. The massage is strong and has a draining and decongestant effect. The treatment is in combination with a purifying steam bath, called Swedana, during which a soft facial massage will relax you even more.

(80 min.)

€ 150,00

KAPHA - Slimming effect

This treatment combats the toughest cellulite with its deep and total body technique. The metabolism is stimulated by spicy essential oils and citrus; a particular osmotic mud will be applied on the body prior to a purifying steam bath called Swedana. During the steam bath, a soft facial massage will relax you even more.

(80 min.)

€ 150,00

UDARA - Combats swelling and abdominal problems

It consists of a deep massage on the stomach with the use of vegetable oil, osmotic mud and specific essential oils. The treatment fights against swelling problems and is suitable for an irritable colon. It is carried out in combination with a purifying steam bath, called Swedana, during which a soft facial massage will relax you even more.

(50 min.)

€ 105,00

ART REUM - To treat backaches

It is a specific massage to treat backaches and is carried out with essential oils for a relaxing effect: it acts on the reflex points of the spine to offer total well-being. The treatment is in combination with a purifying steam bath, called Swedana, during which a soft facial massage will relax you even more.

(50 min.)

€ 105,00

Ligne St. Barth, Body & Face Experiences

The refined elixirs and SPA treatments of the St. Barth Line will lead you into the relaxing atmosphere of the Caribbean. Exotic oils and fragrances extracted from the Caribbean flowers of the Tahitian gardenia, lily or pure vanilla essence take care of the soul and pamper the senses.

PURENESS - Facial Treatment

Face and décolleté treatment with hand massage, customized for all skin types. Luxuriate in an exceptionally gentle treatment that will pamper your face and neck; enjoy the fresh fragrances of these natural elixirs! Your skin will be left feeling clean, fresh and smooth. Also suitable for men.

(50 min.)

€ 90,00

SOFTNESS - Body Peeling and Massage with Avocado Oil

Body peeling for those who want a smooth and velvety skin. Papaya enzymes, fresh yoghurt, coconut and special Caribbean beach sand will remove the dead skin cells. Pure avocado oil will leave your skin nourished thanks to a relaxing massage. This is the ideal treatment for a long-lasting and uniform tan.

(50 min.)

€ 110,00

SLIMNESS - Lymphatic drainage and Slimming Wrap

Fast relief and drainage for beautiful and slim legs. The ivy gel stimulates the circulation and promotes drainage reinforcing the venous structure and stimulating the lymphatic system. Menthol and camphor oil activate microcirculation and have a refreshing and revitalizing effect.

(50 min.)

€ 105,00

OCEAN DREAM - Deep relaxation massage

An exclusive deep relaxation body treatment using hot shells and avocado oil. It gently releases tension and relieves stress, it also moisturizes and nourishes the skin with valuable minerals and vitamins.

(50 min.)

€ 110,00

HARMONY - Sensory massage

Enjoy a gentle relaxing massage. You can choose from coconut oil for intensive moisturizing, avocado oil for particularly delicate skin, or ivy and menthol gel to reinforce the skin tissue. To complete this sensory experience, a touch of body lotion with the fragrance of vanilla or tiaré flower or lily.

(50 min.)

€ 110,00



WELLNESS FOR TWO

The following rituals take place in our Private SPA Suite, which has two beds placed side by side for a couple's massage; next door is the Turkish bath with heated benches and chromotherapy. At the end of the program, you will sip a drink while comfortably lying on the chaises longues.

CHILL OUT - ST BARTH SELECTION

The ritual begins with a delicate papaya scrub treatment for getting your skin smooth and purified by the steam of the Turkish bath. This is followed by a relaxing body massage with warm shells that will slide on your skin, thanks to the avocado oil. Either the passion fruit face mask with pink clay or the pineapple face mask with green clay will be applied on the face while the hands and feet are being massaged and cared for. Finally, precious mango butter cream will be spread over the body.

At the end, treat yourself to a few minutes on the chaise longue to sip a drink.

(100 min.) per person € 160,00

SENSATION - ST BARTH SELECTION

We will start with a papaya scrub to prepare the skin for the Turkish bath and then apply a body mask with a refined Caribbean elixir chosen from vanilla, lily or Tahitian gardenia. While the mask is resting on your face, you will get a delicate facial massage and then an enveloping and delicate body massage.

At the end, treat yourself to a few minutes on the chaise longue to sip a drink.

(70 min.) per person € 140,00

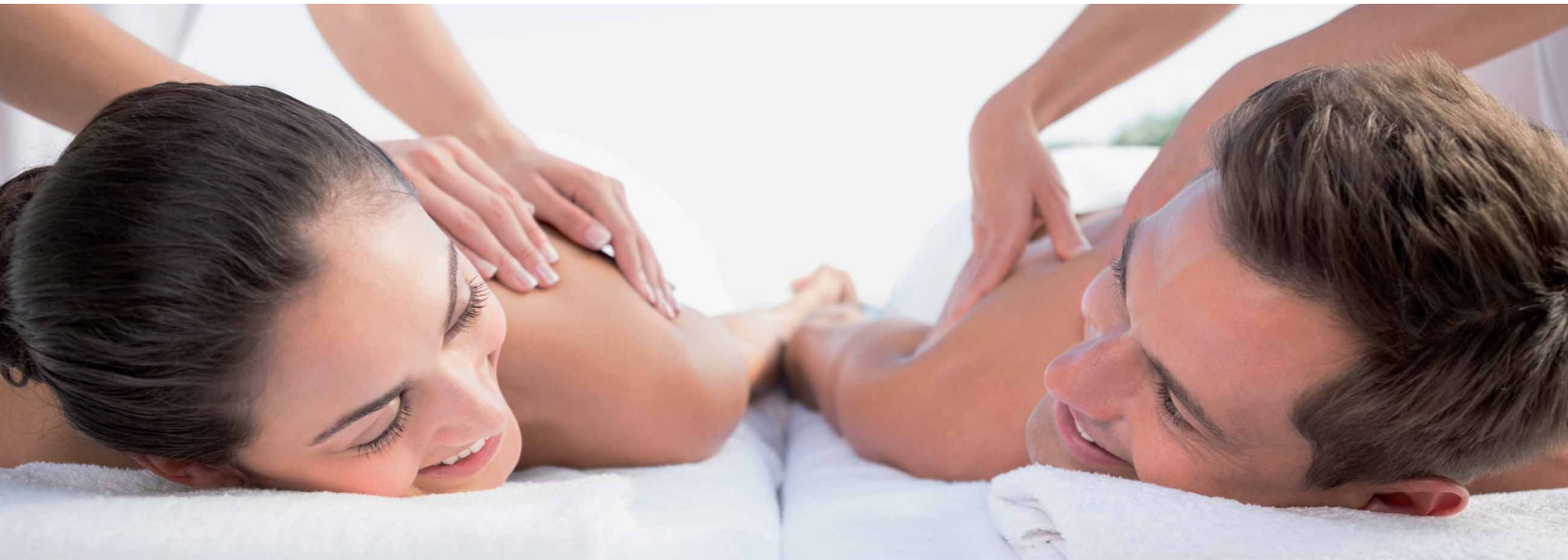
ORIENTAL EMOTION

A complete and seductive treatment for the couple. You will be delighted by the spicy aroma of a body peeling with cinnamon, sugar and ginger; after that a black soap savonage will lead you into the oriental atmosphere of the true hammams. You can have a rest in the Turkish bath with chromotherapy to be ready for a soothing massage with a precious argan oil.

At the end, treat yourself to a few minutes on the chaise longue to sip a drink.

(70 min.) per person

€ 130,00



Maison Sothys, luxury facial & body treatments

LE SOIN PROFESSIONALE, The Fundamental

Specific and innovative treatment for facial cleansing, the result is clean, smooth and radiant skin. Suitable for all skin types, it includes a cleansing followed by a detoxifying scrub treatment with white clay and a stimulating peeling treatment with licorice to provide for cell renewal. If necessary, residual blackheads are delicately removed. The treatment ends with an oxygenating mask with citrus and floral aromas that will make your complexion luminous.

(50 min.)

€ 85,00

SOIN DETOX ENERGIE

Intensive treatment to give a vital breath to the skin by improving the physiological defenses in every environmental situation and protecting it from the effects of pollution that can accelerate skin aging. Suitable for all skin types, it leaves a regenerated face and a radiant, detoxified and revitalized complexion. The Digi- Esthétique technique, consisting of massaging, makes the treatment very effective, pleasant and relaxing.

(75 min.)

€ 135,00

SOIN HYDRA HYALURONIC ACID, Hydrating intensive Treatment

Intensive hydrating treatment for visibly firmer skin. The program starts with gentle facial cleansing followed by a scrub. A restructuring serum prepares the skin for the application of a hydrating gel mask. Next, a hyaluronic acid modeling mask plumps the skin. Finally, the application of a nourishing Argan oil mask completes the treatment. While leaving the masks on, a massage will be performed to optimize the absorption of the ingredients. Specific Digi-Esthétique touches will provide for relaxation and profound serenity.

(75 min.)

€ 135,00

SOIN JEUNESSE, Youth Intensive Treatment

An intensive treatment against the visible signs of aging such as wrinkles and sagging skin. The results are evident from the very first treatment, thanks to the saffron active ingredients that fight oxidative stress and the crystal tears extract which plumps the dermis and reactivates the proteins of youth. Specific serums treat skin blemishes, while masks firm the skin.

Thanks to a series of professional manual techniques, the face acquires new compactness and brightness. A treatment recommended from the age of 30 for prevention and look younger even after just one session.

(75 min.) € 135,00

PRESCRIPTION JEUNESSE SOTHYS

Sothys offers the right solution to support and strengthen the eye contour, for a rested and lively look. A treatment designed to reawaken the youth of the gaze, thanks to unique maneuvers and Sothys porcelain accessories. To instantly recover a luminous and vital eye contour area.

(50 min.) € 85,00

SEASONAL FACE TREATMENT

A ritual that varies according to the rhythm of the seasons. It is carried out with delicious notes: scrub, double mask and relaxing massage for revitalized and radiant skin. Enriched with energizing and vitamin-enhancing active ingredients, the Sothys seasonal treatment refreshes and recharges your face with new energy.

(50 min.) € 110,00

LE SOIN EXCELLENCE SECRETS DE SOTHYS, Face

The treatment par excellence for getting a hydrated, luminous and toned skin. The ritual begins with a cloud of aromatherapy created by sponges vaporized with scented Eau de Linge. This is followed by a delicate make-up remover with velvety cream and a foamy scrub applied with the special exclusive Sothys brush that provides for deep cleansing.

During the ritual, serum, balm and cream based on rose extract, peach leaf and precious porcelain flower oil are used. A mask with an immediate lifting effect gives new light and clarity to the face complexion. At the end, a final ice smoothing effect is obtained by using porcelain accessories combined with a skillful Digi-Esthétique massage.

(75 min.) € 155,00

In combination with Secrets de Sothys, Body (130 min.) € 255,00

LE SOIN EXCELLENCE SECRETS DE SOTHYS, Body

For a multi-sensory treatment of authentic well-being, immerse yourself in a cloud of aromatherapy with vaporized sponges of scented Eau de Linge. A short muscle awakening with Digi-Esthétique skillful touches will relax you. This is followed by a delicate body scrub with a texture enriched with exfoliating sugar grains, for leaving the skin smooth and smelling great.

Body modeling is performed by applying shea butter with floral and fruity notes and massaging the body using the specific Digi-Esthétique technique: the result will be nourished and softened skin. It's a multisensory ritual for an authentic moment of well-being.

(50 minuti) € 135,00

In combination with Secrets de Sothys, Face (130 min.) € 255,00

HANAKASUMI, Sothys

Hanakasumi is derived from the Japanese ritual bath ceremony. It involves a double exfoliation during a sensorial escape perfumed with cherry blossom and lotus. A gentle massage will be performed with shea butter giving an enveloping sensation, leaving the skin nourished, soft and silky.

(50 min.)

€ 115,00

SOIN MOUSSE TRIPLE ACTION, BODY TREATMENT TRIPLE ACTION

A complete slimming treatment which reduces the appearance of all types of cellulite and guarantees a new silhouette. A slimming and exfoliating peeling will be performed; next, relax wrapped in a warm towel. Then, specific serums will be applied on targetted areas, where needed, and modeled with vigorous and cupping movements. This treatment has a high detoxifying action.

(75 min.)

€ 135,00

SIGNATURE SLIMMING TREATMENT

A slimming program suitable for everyone that combines effective manual techniques with relaxation. The core of the ritual is a targeted massage on the areas to be treated using a massage accessory created exclusively for Sothys; the boomerang-shaped Limoges porcelain accessory is inspired by Gua Sha and is designed to facilitate the beautician's gestures as well as to enhance the effectiveness of her movements and make the massage more fluid. The result is a more toned silhouette and your satisfaction is guaranteed.

(50 min.)

€ 105,00

Sothys, Only for Men

More and more men not only pay attention to their health, but also appreciate the importance of indulging in moments of relaxation to combat stress, maintain a fit appearance and, of course, slow down the aging process. Here are our proposals specifically designed for them.

SOIN VISAGE ESSENTIEL, Specific facial Treatment for Men

It's an essential facial to stimulate and detoxify as well as to combine relaxation with effectiveness to get more resistant and flawless skin. An energizing cleansing of the face and neck is followed by a scrub and a relaxing massage that's performed on the scalp by using a revitalizing volcanic stone extract lotion.

The application of a light hydrating anti-aging serum, gently massaged into the skin, prepares for the application of a tailor-made facial mask. For maximum comfort, it is advisable not to shave before treatment.

(50 min.)

€ 105,00

SOIN SIGNATURE MINCEUR, Specific body Treatment for Men

It's a body treatment to model the silhouette and improve the physical appearance. An exfoliating, decongestant and draining scrub with citrus and musky scents is applied with wet hands and the back and the abdomen are massaged.

A relaxing break follows while you are wrapped in the electric blanket. After taking a shower, the body modeling procedure will be carried out with highly concentrated slimming products such as light emulsions that are massaged by using specific techniques.

It's a shock-action treatment for getting visible results from the very first application, it helps regain the ideal shape.

(50 min.)

€ 105,00



Beauty Hi-Tech

FACE OXYGEN TREATMENT

The treatment includes a facial cleansing, a peeling and a mask with a final massage.

A new and innovative system for oxygenating and regenerating face, neck and cleavage skin. Fast, efficient and gentle with natural and long-lasting results, which are already visible from the first session. This technologic equipment stimulates the oxygenation of tissues and blood circulation giving luminosity to the skin.

(50 min.) € 120,00

3 treatments € 330,00

FACIAL RADIOFREQUENCY

It is about stimulating your own collagen production; this non-surgical technology is primarily used to treat skin laxity by facial tightening.

(50 min.) € 120,00

3 treatments € 330,00



CAVITATION WITH LYMPHODRAINING MASSAGE

The cavitation is a new fat removal and non-invasive technique with an immediate result: it delivers further additional fat reduction within the week following the procedure. This technology uses an ultrasound technique. For a greater effectiveness it is completed with a lymphodrainage massage.

The treatment is painless

(50 min.) € 120,00

BODY RADIOFREQUENCY

The radiofrequency is a technique that takes advantage from electromagnetic waves to restore skin elasticity; it is suitable to reduce swelling, fight cellulite and create tone to the skin. It is painless and very relaxing.

(50 min.) € 120,00

It is carried out with a specific serum and a final massage.

3 Treatments € 330,00

Aesthetic Medicine

FREE MEDICAL -AESTHETIC ADVICE

It includes an evaluation according to the guest wishes and features guaranteeing a natural result.

NEEDLE-FREE SKIN BIOSTIMULATION (PRX) starting from € 300,00

FACE, NECK AND CLEAVAGE REJUVENATION
with hyaluronic acid and/or vitamin complexes starting from € 250,00

HYALURONIC ACID-BASED FILLER starting from € 500,00

BOTOX starting from € 550,00

NON-SURGICAL FACELIFT starting from € 600,00

MEDICAL MESOTHERAPY FOR CELLULITE AND FAT REDUCTION starting from € 150,00

REMOVAL OF SKIN SPOTS AND XANTHELASMA starting from € 250,00



OPI ProSpa, Manicure & Pedicure

OPI PROSPA EXCLUSIVE MANICURE

A moment of pleasure to take care of your hands with essential OPI ProSpa products and techniques.
The unmissable treatment for an impeccable image.

€ 65,00

with semi-permanent OPI Color*

€ 90,00

OPI PROSPA PAMPER MANICURE

The first-class choice for a beauty & care treatment for your hands, benefiting from unprecedented exfoliation, hydration and protection combined with a relaxing and delicate massage.

€ 80,00

OPI PROSPA SIGNATURE PEDICURE

This one is for you. This treatment is carried out with an innovative dry technique and includes a soak, exfoliate and smoothing of callused feet. This service is completed with a regiment of massage and pressure techniques to reduce stress and relieve tension.

€ 70,00

with semi-permanent OPI Color*

€ 95,00

OPI PROSPA PAMPER PEDICURE

The OPI Pro Spa Pamper Pedicure consists of callus softening, exfoliation as well as moisture & protection. An extended massage combined with acupressure to reduce stress, relieve tension will leave you feeling relaxed and renewed.

€ 85,00

*Removal and/or gel application not foreseen

DEPILATION (25 min.)	€ 60,00
DEPILATION (50 min.)	€ 90,00
HAIRDRESSER SERVICE	
BLOW DRY - Shampoo, conditioner, lotion and blow	€ 45,00
CURATIVE MASK - in combination with blow	€ 25,00
HEAD MASSAGE WITH VIAL - in combination with blow	€ 25,00
COMPLETE HAIR CUT	€ 35,00
HAIR DYE AND PERM	on request

Well54, good to know

Opening hours Well54 (call 940)

Everyday fom 8.00 am to 8.00 pm

Reservations

The treatment reservation can be done calling directly, writing an e-mail or at our desk during your stay. It is recommended to show up a few minutes before the scheduled time.

Cancellation Policy

If you wish to change or cancel an appointment, please notify the reception desk at least 24 hours before the scheduled time or we will charge you the amount of the treatments you reserved.

Valuables

Please, do not wear jewelry or valuables. The Hotel is not responsible for lost or forgotten valuables.

Children and Minors

Children under 16 can access the Well54 Wellness Center only if accompanied by an adult.

Health and Pregnancy

If you have any health problems (including allergies or intolerances) please inform us. Pregnant ladies are advised to consult the doctor before taking spa treatments.

Etiquette

Please do not use mobile phones, computers or cameras. Please, speak in a low voice. Smoking is forbidden. Thank you.

Tips

We recommend taking a hot shower before the treatment and wearing a bathrobe.

Extend the benefits even at home

The products of the cosmetic lines that we use during the rituals can be purchased to prolong their benefits even at home, or to give a surely appreciated gift.

All treatments are subject to availability.

FURTHER USEFUL OPENING HOURS

- **Fit54:** 6.30 am - 9.00 pm (entry allowed maximum to three persons at the same time)
- **Pools & SPA:** until 11.00 pm
- **RoofTop54:** 10.00 am - 11.00 pm
- **Sauna area (textile free) on the RoofTop54:** open from 1.30 pm until 11.00 pm
- **Emotion Zone SPA:** 10.00 am - 11.00 pm



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